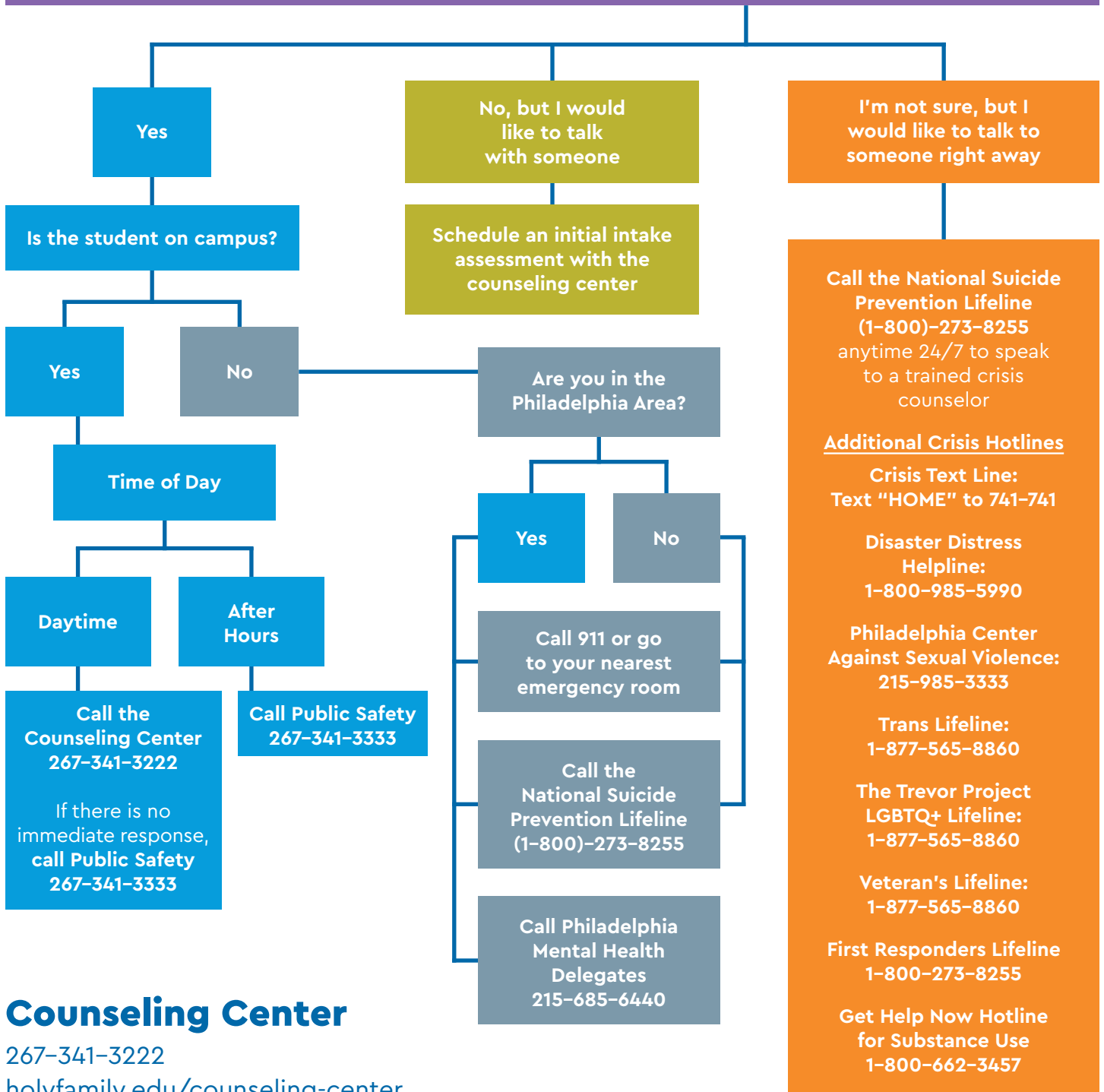


NEED HELP?



Holy Family
UNIVERSITY

College can be a demanding and stressful experience. Sometimes adjusting to these challenges requires additional support. Are you, or someone you know, experiencing a mental health emergency (e.g., thoughts of suicide, severe disorientation or confusion, or recently been the victim of an assault)?



Counseling Center

267-341-3222

holyfamily.edu/counseling-center