



In the tradition of the
Sisters of the Holy Family of Nazareth

October, November 2019

No. 7

Loving Relationships

“Love is kind....”

Let’s not underestimate the power of kindness. Doing lovely things for others for no reason has so many rewards. In an instant, the best of our humanness and our heart comes forward. Acts of kindness connect our heart to the heart of another person and create bridges over which our love can flow. Making a positive difference in other people’s lives on a daily basis and being aware of the kindness that is all around us makes loving relationships so concrete.

Every day presents us with hundreds of opportunities to practice kindness toward others. Seize these moments and discover how loving relationships develop and grow!

Take the time over the next few weeks to acknowledge all the kindnesses that surround you every day. Recognize all the “random acts of kindness” that you perform each and every day in your family, at work and in your neighborhood.

Here is a story from Holy Family University:

Loving relationships are not only fostered with those to whom we minister but also those with whom we minister. The following short story reflects loving relationships with one another within the ministerial setting.

“Holy Family University offers several opportunities



*“KINDNESS IS THE
LANGUAGE WHICH THE DEAF CAN
HEAR AND THE BLIND CAN SEE.”*

MARK TWAIN

throughout the year to gather faculty, staff and students to focus on the core values of the sponsored ministries of the Sisters of the Holy Family of Nazareth.

The October 4th Faithful Listening Faithful Learning Scholars Dinner focused on loving relationships particularly within marriage. At the end of the sharing among those present, one of the participants was asked to come forward and sit in a chair beside an empty chair for her husband-to-be.

Everyone extended their hands in blessing and prayed for their upcoming marriage. The loving intentions of everyone for the possibility of this couple being blessed filled the room. An invocation was prayed aloud asking God to bless each of them and their marriage, so that their light and love will bless others for their entire lives.

Needless to say, the bride-to-be was all smiles and grateful for the expression of collective love.”

Share your stories with your partners in ministry by sending them to me.

May God continue to strengthen and fortify you and your families during this beautiful time of autumn!

In the Holy Family,

Sister Barbara Jean

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“Regard all persons with kindness and courtesy.”

Blessed Mary of Jesus the Good Shepherd
