

When Should I Refer a Student to Counseling Services?



If at any point the student mentions suicidal thoughts or there appears to be concern for the student's immediate safety, get help immediately by calling Public Safety (267-341-3333) or local mental health crisis services (Philadelphia Mental Health Delegates 215-685-6440 or 911).

Is the student experiencing behaviors/symptoms that are consistent with mental health difficulties (e.g. struggling to cope with negative emotions, avoiding daily life activities, ongoing or serious relationship losses or conflicts, past or recent victim of trauma, drug and alcohol abuse, significant changes in sleeping, eating, and hygiene, etc.)?

