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## **Fall 2021 COVID-19 Response Plan**

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**August 2021**

***The health and safety of the entire campus community is priority for a successful 2021-22 academic year. Due to ongoing and evolving information regarding response to COVID-19, Holy Family University plans and procedures may fluctuate throughout the academic year in an effort to respond effectively to COVID-19.***

***Please visit <https://www.holyfamily.edu/covid-updates> for up-to-date information.***

***Holy Family University reserves the right to change, without notice, any statement in this publication, and to alter or adapt this plan in accordance with changes in prevalence of COVID-19 infections and changes in mitigation efforts.***

### **Holy Family University COVID-19 Response Plan**

The health and well-being of the Holy Family University community remains our top priority. Each and every person who is a part of our University family has an innate responsibility to protect not only themselves, but one another.

#### **General Campus Safety Guidelines**

Holy Family University has comprehensive health and safety protocols in place, drafted in accordance with guidelines from the Centers for Disease Control and Prevention (CDC), the Philadelphia Department of Public Health (PDPH), the Commonwealth of Pennsylvania, and the City of Philadelphia. These protocols must be followed in the interest of public health and as an expression of care for all community members.

All offices, classrooms, and public spaces will continue to be thoroughly cleaned and sanitized daily. The University will make available personal protective equipment supplies to employees for utilization in classrooms and offices as needed.

#### **Self-Monitoring Your Health**

Every person is expected to self-monitor their health every day, prior to entering the campus. All students, faculty, staff, and visitors are required to complete a COVID-19 self-screening daily. <https://www.holyfamily.edu/community-health-check>.

Any person who is experiencing symptoms of COVID-19, or feels ill should not come to campus.

#### **Information regarding COVID-19**

- What does it mean to be **“fully vaccinated”**?  
In general, people are considered fully vaccinated: Two weeks after their second dose in a two-dose series, such as the Pfizer or Moderna vaccines, or two weeks after a single-dose vaccine, such as Johnson & Johnson’s Janssen vaccine.
- What is the difference between **“Quarantine”** and **“Isolation”**?  
Isolation separates sick people with a contagious disease from people who are not sick. Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.
- If you have been fully vaccinated, you may resume activities that you engaged in prior to the pandemic. You may resume activities without wearing a mask or social distancing, except where required by federal, state, local, tribal, or territorial laws, rules, and regulations, including local business and workplace guidance.
- Those who are not fully vaccinated and aged 2 or older, should wear a mask in indoor public places. In general, you do not need to wear a mask in outdoor settings. In areas with high numbers of COVID-19 cases, consider wearing a mask in crowded outdoor settings and for activities with close contact with others who are not fully vaccinated.
- If you are fully vaccinated and have a condition or are taking medications that weaken your immune system, you may need to continue taking steps to protect yourself, like wearing a

mask. Talk to your healthcare provider about steps you can take to manage your health and risks.

## **Masking Policy Statement**

The following policies apply to all faculty, staff, students and visitors. A visitor is anyone who comes to campus and is neither an employee or a student at the University. Visitors include, but are not limited to, guests of students or employees, prospective students, contractors, vendors, and sports spectators. Please note that more specific guidance about masking for student-athletes will be available shortly.

### **Policy for UNVACCINATED individuals**

All faculty, staff, students, and visitors who are not fully vaccinated against COVID-19 must wear two masks (a cloth mask over a disposable or surgical mask) while indoors at all times. Residential students who are unvaccinated may remove their masks only when they are alone and/or sleeping in their bedroom.

### **Policy for FULLY VACCINATED individuals**

All faculty, staff, students and visitors who are fully vaccinated against COVID-19 are required to wear masks while indoors. A few exceptions to that vaccinated people may remove their masks for the purposes of delivering instruction or leading discussions, as long as they are able to maintain a 6-foot distance from others. Vaccinated students should remain masked during class, and while congregating in common areas. Vaccinated faculty and staff should wear masks when moving through common areas and in group settings.

## **Classrooms and Lecture Halls**

Fall classes will begin on Monday, August 30, 2021 and will include in-person, online, and blended classes.

Providing comprehensive and quality instruction of all courses in the wake of the COVID-19 pandemic requires a strategy that addresses three key areas of classroom preparedness:

1. Teaching Modalities
2. Classroom Design and Logistics
3. Health and Safety Policy

Our approach allows all University students and faculty the flexibility to mix and combine in-person, remote, and online learning in ways that conform to public health recommendations, respect the choices of those who need or prefer to minimize social contact, and deliver outstanding learning experiences.

## **Teaching Modalities**

Effectively teaching all didactic courses to the full University student body requires a three-part approach to instruction; face-to-face (didactic), online synchronous instruction, and blended instruction.

### **1. Face-to-Face Instruction (Didactic)**

All courses previously designated as face-to-face will continue in that modality. Classrooms will be equipped with appropriate technology to ensure uniform quality of instruction for both groups.

### **2. Online Synchronous Instruction**

In consideration of factors such as class size, instructor availability, and student needs, a significant number of didactic courses will be offered in an “online synchronous” modality.

Class sessions will be held “live” at the prescribed class times through an electronic/virtual platform (i.e., Big-Blue-Button, WebEx, and so forth). Students will be expected to attend and participate in each class session.

This modality will also be available for individual students who are unable to attend classes in person.

We have prepared a [complete list of technology requirements](#) to assist your learning experience.

### **3. Online/Blended Course Instruction**

Courses originally scheduled in an online or blended format will be instructed as planned. All such classes are designed and executed according to Quality Matters standards.

### **Non-didactic Courses**

Clinical rotations, student teaching, and other forms of required field experience will be defined and executed in relation to the standards and guidelines imposed by our external accreditors and relevant placement sites. All didactic portions of these courses will be offered in the online synchronous instructional format.

For more information about clinical, internship, or field placements, please contact your placement coordinator.

### **Accommodations for Students with Documented Disabilities**

Students seeking accommodations, or who wish to request an accommodation plan, should contact the [Office of disAbility Services](#) at 267-341-3231 or [disabilityservices@holyfamily.edu](mailto:disabilityservices@holyfamily.edu).

### **Simulation Lab Preparedness**

Labs will occur at full capacity.

## **Technology**

To provide the best classroom experience for students, we have upgraded our technology significantly, allowing for stronger connections when in-person classes are not possible. Forty classrooms have been upgraded with video conferencing capabilities and an electronic whiteboard. The instructor will be able to interact with students physically in the classroom and remotely by video conference. The electronic whiteboard will enable interactive notes to be displayed both in the classroom and to the remote students.

View the [complete list of technology requirements](#).

## **Experiential Learning Internships and Field Experiences**

This applies to clinical experiences, experiential internships, graduate field experience, doctoral field experiences, student teaching, and practicum experiences.

All undergraduate students who are enrolled in an Experiential Learning Internship course will have online instruction.

Field Experiences will operate using a three tiered-approach:

1. Option 1 (preferred) – Field experience would be held on site.
2. Option 2 (if option 1 is not available) – Field experience would be held remotely.
3. Option 3 - (least preferred) – Course substitution would be offered.

Student Teaching, Internships, and Health Sciences clinicals will be determined by the participating agencies.

Students seeking accommodations related to their field experience, or who wish to request an accommodation plan, should contact the [Office of disAbility Services](#) at 267-341-3231 or [disabilityservices@holysfamily.edu](mailto:disabilityservices@holysfamily.edu).

## **Classroom Health and Safety Policy**

Faculty and students will share responsibility for self-monitoring and ensuring the overall health of the classroom and University communities. See Section II for all campus safety guidelines.

Students should contact [Student Health Services](#) (Health Clinic) at 267-341-3262 if they have questions about symptoms or possible exposure.

The University has clearly communicated expectations for when a student should and should not come to campus, and how to connect with their faculty members related to requested information.

Faculty have been instructed to work with students who are requesting time away from in-person instruction so that there is a climate of support for students missing courses to self-isolate.

Students will be expected to review the requirements for instruction, which will be posted in Canvas, to ensure they know the expectations, appropriate procedures, and policy to refer to should they be exposed.

Students who are looking to participate in online-only instruction for the spring of 2022 should contact their academic dean. First-year or undecided students should contact the Office of Academic Advising.

### **Vaccination Requirement**

Holy Family University will require the COVID-19 vaccination for all students, faculty, and staff. This verification must confirm that a person is fully vaccinated or has begun the process to full vaccination. We will require proof of a first shot for the Pfizer or Moderna vaccine or proof of the one-shot Johnson & Johnson's vaccine by the beginning of the term. The Centers for Disease Control (CDC) defines fully vaccinated as the date that is two weeks after receiving a second dose of a two-dose vaccine, or two weeks after the single-dose Johnson & Johnson vaccine.

Students are required to provide verification of vaccination to Health Services.

**The deadline for submission of either proof of vaccination or exemption form for students is August 23.** Student verification will be completed via Canvas. Students may also drop off verification directly to Health Services located in Stevenson Lane Residence (SLR), available Tuesday through Thursday, 8 a.m.-3 p.m.

- Holy Family University COVID Vaccine Requirement Verification

Students who have not been granted exemptions and do not provide proof of being fully vaccinated for the COVID-19 virus will not be permitted on campus during the fall semester.

Employees will be required to provide verification of vaccination to Human Resources.

### **Request for Exemption from the COVID-19 Vaccination Requirement**

The University respects the individual beliefs and personal circumstances of all members of our community, and, in accordance with the Commonwealth of Pennsylvania, the institution will review all applications in request for exemptions for medical and religious reasons. Those who choose to remain unvaccinated will be required to submit an exemption request form and must continue to wear face coverings on campus in accordance with CDC guidance. Medical or religious exemptions to Holy Family University's COVID-19 vaccination requirement will be granted based on the specific circumstances of each request. Exemption requests will be evaluated on a case-by-case basis and are not automatic.

A person may request an exemption from the vaccination requirement on the basis of:

- Religious Exemption – Objection to the vaccination on the basis of a sincerely held religious belief. A religious exemption is not the same as a political, sociological or conscientious exemption. Please attach a statement that describes your sincerely held religious belief which prevents you from receiving a vaccination. The University reserves the right to seek additional supporting documentation or information, as appropriate.
- Medical Exemption – Medical exemptions for the COVID-19 vaccine will be considered upon receipt of written certification by a licensed, treating medical provider [namely a physician (MD or DO), nurse practitioner (NP), or physician's

assistant (PA)]. A statement from a medical provider explaining the medical contraindication is required for a medical exemption, including the time period for which the exemption is valid. Medical exemptions will be reviewed annually and any student who no longer has a valid and documented medical reason for the exemption will be required to receive and document the required vaccination.

Exemptions for students will be reviewed and approved by the Dean of Students (religious exemptions) and Health Services (medical exemptions)

- [Holy Family University COVID Vaccination Exemption Request Form](#)

Exemptions for employees will be reviewed and approved by Human Resources.

## **Testing, Management and Contact Tracing Plans for COVID-19**

### **Notification Requirements**

All students, faculty, and staff are required to notify the University if they have tested positive for COVID-19, a COVID-19 variant, or are self-isolating or self-quarantining. Students are required to notify Health Services via email at [healthservices@holysfamily.edu](mailto:healthservices@holysfamily.edu). Students should be referred to Health Services by faculty and staff if a student indicates they are positive for COVID-19 or self-quarantining or self-isolating. University employees (staff and faculty) are required to notify their immediate supervisor, and the immediate supervisor will direct the employee to Human Resources. Human Resources will notify Health Services.

### **Management of COVID-19 Case Response**

If an individual experiences severe COVID symptoms or feels their symptoms are life-threatening, they should call 911 or go to the nearest emergency room. A complete list of most frequent and additional information regarding COVID-19 can be found on the CDC website, <https://www.cdc.gov/COVID>.

The University will apply the provided visual aid as a guide in decision-making related to recommendation for quarantine, isolation, and timelines associated. Please refer to the following for recommended steps: <https://www.phila.gov/media/20201119161650/Quarantine-Visual-Aid-.pdf>

- If students, staff, faculty, or visitors have been exposed, or suspect having been exposed to COVID-19, they are required to self-quarantine and self-monitor by staying home for a minimum of 10 days from the last exposure before returning to campus, in line with guidance from the CDC. A person must have respiratory symptoms improvement and be at least 24 hours after resolution of fever (off fever-reducing medications like acetaminophen [Tylenol] or ibuprofen) prior to returning to campus.
- A person may end quarantine after 7 days if they are asymptomatic and have a negative COVID test after 5 days after exposure.
- A person must continue to monitor symptoms for a full 14 days after exposure.
- If you become symptomatic, you must self-isolate.
- During self-isolation or self-quarantine, if the individual experiences signs or symptoms of illness (i.e., fever, cough, shortness of breath), they should immediately call their primary care provider, local health department, or a healthcare provider.

Students, faculty, or staff who appear to have symptoms (i.e., fever, cough, shortness of breath) of COVID-19 upon arrival on campus, or who become sick during their time on campus, should immediately be dismissed from class, and separated from other campus community members or visitors and sent home. That individual should contact Health Services and their primary care physician for management of their healthcare needs.

People who have had COVID-19 in the last 90-days or persons who can provide proof of vaccination AND show no symptoms, may be excluded from Quarantine. Proof of vaccination will be required to be provided to a member of the Health Services team, all of whom are medical professionals and records are HIPPA-protected.

### **Contact Tracing**

The University reports all positive cases (employees and students) to the PDPH. Health Services is the point of contact between the COVID-positive person and the PDPH. Health Services will employ a part-time Contact Tracer who will manage case contact, notifications and support response operations. All information will remain confidential according to HIPPA regulations. The Holy Family Contact Tracer will work remotely for 10 hours each week.

The Contact Tracer will handle all follow up calls and wellness checks (University for students positive for COVID-19. Additionally, the Contact Tracer will submit weekly reports to the Director of Health Services and monthly reports to the PDPH. These monthly reports will begin the first week of September 2021.

The Health Services department calls every positive case and verifies contact information (date of birth, email address, phone, and address), symptom onset and timeline, and last date on campus with locations. We report all cases to our PDPH contact directly using a secure email portal. Additionally, the University will include contact information for any potential exposures via rosters and send this to PDPH.

The University's rosters include class information, names, addresses, phone numbers on file, personal emails, school emails, and dates of birth. The Dean of Students coordinates with the Residential Life department immediately after a positive case is reported to place any exposed or positive residential students in isolation and quarantine spaces. Health Services will coordinate any communication processes required as part of the response process specific to exposure notification.

The clinical agencies notify the University of any exposures. The Dean of the School will notify the exposed individual with the recommended quarantine requirement, testing information and locations, accommodation information, and any other requirements per the clinical agency. The Health Services Department has reached out and continues to reach out for questions and assistance with exposure in clinical rotations or courses.

### **Testing Requirements for Residential Students with Approved Vaccination Exemption**

Exempt students will be required to show proof of a negative test prior to being approved for move in to their residential space. A PCR test is required to be completed within 72-hours of move-in date.

Any resident student who has an approved exemption will be required to show proof of a negative test prior to being approved for reentry to the residence hall upon return from the following campus closures: Thanksgiving Break, Christmas Break, Easter Break, and Spring Break.

Any resident student who has an approved exemption will be required to participate in surveillance testing at a 7-day interval schedule. The University will communicate further information and test access details to exempt students throughout the academic semester. Surveillance testing will be conducted by and sponsored by the University. A list of available approved off-campus sites for testing will be provided.

Exempt residential students who are also student athletes will be required to comply with additional mitigation efforts as instructed by the University Athletics Department.

### **Testing Requirements for Commuter Students and Employees**

Exempt commuter students and employees will be required to participate in weekly surveillance testing for COVID-19. The University has partnered with an outside vendor to make testing available on and off campus. The University will communicate further information and test access details to exempt students and employees before the start of the semester.

### **Isolation and Quarantine**

The University has designated safe and secure quarantine spaces on campus in the event that a student requires either quarantine or isolation due to COVID-19. In the event that a student requires quarantine or isolation, they should contact the Residence Life staff and the Health Services staff to arrange for the use of these spaces.

The University has reserved 18 isolation and quarantine spaces, which include the following:

1. Three (3) University-owned apartments. Each apartment has two bedrooms and one bathroom.
2. One (1) unit in one of the townhouse-style Residential Halls. Each unit has 2-3 bedrooms with private bathrooms, and can house residents who are in quarantine and/or isolation. This space supports students with varying levels of need and accommodations.

Resident students who request to return home for the purpose of quarantine or isolation will complete a consultation with the Director of Health Services in order to determine whether their home environment meets the following isolation and quarantine criteria:

- A car in which the student can drive home without anyone else
- Separate bedroom and bathroom for individual
- No individuals living at home with underlying conditions

If any of the above criteria are not met, then the University will provide arrangements for the individual student to quarantine or self-isolate in one of the designated apartments on campus.

### **Standard Reporting Practices**

The Health Services Department is the point of contact between the COVID positive individual and the Philadelphia Department of Public Health. If you discover that you are positive for

COVID-19 or a variant, you should call the Health Services Office at 267-341-3262. Upon receiving your call, the Health Services staff will give you guidance and information about COVID best practices.

### **Resources**

The Director of Health Services, along with the staff, will provide resources to students and staff regarding testing and vaccine availability in Philadelphia County.

Presently, the University has a partnership with a local urgent care, Vybe Northeast, to provide COVID testing to our students if necessary. Vybe Urgent Care is located four miles from the main campus at:

7390 Bustleton Avenue  
Philadelphia, PA 19152  
267-953-8776  
<https://www.vybe.care/vybe-locations/northeast-philly>

Students, staff and faculty who need to be tested, and/or seek the care of a medical professional, will be referred to their primary care provider. If they do not have a primary care provider or cannot locate testing facilities, Vybe Urgent Care is available.

If a member of the Holy Family Community is uninsured or underinsured, they may visit the nearest Philadelphia Department of Public Health (or the health department in their community). The Philadelphia Department of Public Health Center is located approximately four miles from the Philadelphia Main Campus at:

Health Center 10 Primary Care Services  
2230 Cottman Avenue  
Philadelphia, PA 19149  
215-685-0639

For other locations, individuals may visit the online PDPH testing site locator at:  
<https://www.phila.gov/covid-testing-sites/#/>.

Faculty and staff who suspect they are infected will be referred to their primary physician.

If individuals have additional questions about where to receive COVID-19 testing or treatment near the main campus, they should call Holy Family University Health Services for guidance on specific healthcare clinics and urgent care facilities offering these services.

Holy Family University Health Services does not provide 24-hour care or in-person visits to self-isolated or self-quarantined individuals on or off campus for any and all communicable diseases.

### **Education and Information Sharing**

The Health Services staff will plan and implement public health information and education training and programs intermittently throughout the year. Each program will be planned and published to the University community.

Some additional information:

- <https://www.cdc.gov/coronavirus/2019-ncov/vaccines>
- <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>

### **Athletics Reopening Plan for Fall 2021**

**This plan will continue to change as the City of Philadelphia, CDC, NCAA and CACC provide guidance.**

The main priority of Holy Family University and the Department of Athletics is to minimize the health and safety risks of student-athletes and staff as well as the University community. Holy Family University will remain flexible as it relates to responding to changing health threats, even to the point of stopping practice and play if circumstances warrant it, or deferring the return of college sports until such time as the risks to the health and safety of athletes, staff, campus community, and the public can be minimized with greater confidence. Minimizing risks to student-athletes includes following recommended best practices and protocols.

#### Symptom Screening

- Staff, coaches and student-athletes must self-monitor for symptoms and notify appropriate personnel if symptoms occur
- On travel days, an athlete or essential personnel with a fever of 100.4°F and above or who is exhibiting symptoms must stay home, at the hotel, or on the bus/van avoiding the game venue.
- If an athlete or staff member develops symptoms or a fever while on the road, they will be instructed to wear a mask and self-isolate as much as possible. (ex- single hotel room, separating on the bus/van, not entering the game facility).

#### General Considerations

- Masks or facial coverings must be worn indoors
- Social distancing should occur when possible
- Everyone should be working towards decreasing the risk of transmission and following CDC guidelines.
- Questions related to COVID-19 should be directed to Sara Miraglia, Head Athletic Trainer.
- All student-athletes should clean individual equipment and clothing after each use.
- HFU will educate all student-athletes, coaches and staff about the symptoms of COVID-19 and proper sanitizing & handwashing.
- Activities that increase the risk of exposure to saliva will not be allowed including chewing gum, spitting, licking fingers and eating sunflower seeds.
- All staff, outside of the bench will be required to wear masks indoors and socially distance if possible.
- Hand sanitizing stations will be placed and available for use throughout facilities.
- Clear signage will be utilized asking people who are sick or who have had contact with someone with Covid-19 within the past 14 days to not enter/participate. Signage will also be displayed as a reminder to physical distance, wear masks and to utilize hand sanitizing stations.

## COVID TESTING AND QUARANTINE INFORMATION

		NOT FULLY VACCINATED	FULLY VACCINATED OR DOCUMENTED INFECTION IN THE PAST 90 DAYS (or more than 90 days if allowed by local authorities)
TESTING	Upon Arrival to Campus, or Return to Campus from a Summer Break	<p>Single polymerase chain reaction/nucleic acid amplification test within <b>three to five days after</b> arrival, or two antigen tests on non-consecutive days within three to <b>five days after</b> arrival.</p> <p>No team training or competition until single PCR/NAAT or both antigen tests are negative.</p>	No testing unless symptomatic, or based on a risk assessment of a documented close contact with COVID-19.
	Surveillance Testing	<p>Based on level of community immunity, community spread, and local public health official recommendations.</p> <p>If community spread is <u>substantial or high</u>, weekly PCR/NAAT testing or three-times-week antigen testing.</p>	No testing unless symptomatic, or based on a risk assessment of a documented close contact with COVID-19.
	During Competition Season	<p>Weekly PCR/NAAT testing or three-times-a-week antigen testing.</p> <p><b>During a week with competition:</b></p> <ul style="list-style-type: none"> <li>• PCR/NAAT test within three days of first competition of the week; or</li> <li>• Antigen test within one day of each competition (<b>continue three-times-a-week antigen testing if fewer than three competitions</b>).</li> </ul>	No testing unless symptomatic, or based on a risk assessment of a documented close contact with COVID-19.
	Sustained Increased Transmission	<p>If sustained increased transmission on a team, test all symptomatic individuals or individuals with close contacts, or apply a similar risk mitigation strategy.</p> <p>Sustained increased transmission is likely occurring if:</p> <ul style="list-style-type: none"> <li>• Team of <math>\leq 50</math>: Concurrent positive cases of three or more.</li> <li>• Team of <math>&gt; 50</math>: Concurrent positive cases of five percent or more.</li> </ul> <p><i>When sustained increased transmission is occurring, decisions about</i></p>	
	Close Contacts	<p>Quarantine in accordance with local public health authority guidance for close contact with another individual with confirmed positive COVID-19.</p> <p><u>Previous considerations</u> regarding activity during quarantine (e.g., individual exercise if it does not cause cardiopulmonary symptoms) continue to apply.</p>	Masking in public indoor settings for 14 days with discontinuation if a COVID-19 test is performed three to five days after exposure and is negative, or if assessment does not reveal high risk.
QUARANTINE & ISOLATION	Positive Test Protocol	<p>Isolation for 10 days and at least 24 hours have passed since resolution of fever without the use of fever-reducing medications and other symptoms have improved.</p> <p><b>Post-Isolation Exercise consistent with cardiac considerations.</b></p>	
	Contact Tracing	<ul style="list-style-type: none"> <li>• The Athletic Training staff in conjunction with the Assistant Director of Athletics for Compliance and the University contact tracer will be responsible for contact tracing.</li> </ul>	

### COVID 19-Referral Process and Return to Play

- All University personnel and student-athletes are subject to the University Covid-19 policy

### Facilities Considerations

#### Facilities Cleaning

- Appropriate cleaning schedules will be created and implemented for all athletic facilities to mitigate communicable diseases
- Hand sanitizing stations will be available throughout the facilities

#### Locker Rooms

- Masks or facial coverings must be worn while in locker rooms
- No eating inside locker rooms

#### Gymnasium

- All equipment must be sanitized before and after each use
- Masks or facial coverings must be worn at all times
  - \*No restrictions for fully vaccinated student athletes during supervised training and practices

#### Fitness Center and Weight Room

- All equipment must be sanitized before and after each use
- Open to HFU members daily 6 am – 7:30 am and 12 pm – 12 am.
  - Masks must be worn at all times
  - Closed on University recognized holidays
- Open to student-athletes only Monday thru Friday 7:30 am – 12:00 pm
  - No restrictions for fully vaccinated student athletes during these times
  - Unvaccinated student athletes must wear a mask or facial covering at all times

#### Film Room

- Masks or facial coverings must be worn at all times during film sessions
- No eating inside film room

### Spectators

- Spectators are permitted
  - Masks or facial coverings must be worn indoors
  - Spectators should socially distance when possible

### Officials

- Unvaccinated officials are required to provide proof of a negative PCR test within three days of the competition, or proof of a negative antigen test within one day of the competition, or proof of a previous positive COVID-19 test result in the last 90/120 days (depends on state/local/institutional policy for length of testing exemptions after a positive test).

### Travel

- Masks or facial coverings must be worn while travelling

- There will be implementation of a specific travel roster size that each team has to follow
- Student-athletes who are not going to play including post-surgical and injured athletes do not travel
- Redshirts do not travel (medical or traditional)

#### Considerations for Coaches and Athletic Trainers

- Coaches and athletic trainers will review and consider guidance from the CDC, HFU, NCAA and CACC to modify practices and games to mitigate the spread of COVID-19
- Athletic trainers will treat student athletes by appointment only
- In case of emergency, please contact a medical professional
- Coaches and athletic trainers must monitor student-athletes for symptoms prior to and during practices and games
- It is recommended that visiting teams complete all treatments on their own campus or in the hotels when possible. HFU is not required to grant access to athletic training to visiting teams. If this is not possible, HFU needs to be informed so the appropriate accommodations can be made. A taping table and treatment items will be located in a location other than the athletic training room if requested

#### Considerations for Student-Athletes

- Student-athletes will utilize their own equipment when possible and clean all equipment and clothing after workouts/contests
- Athletic trainers will treat student athletes by appointment only
- Student-athletes must wear face coverings indoors when not actively participating in a practice or contest
- Student-athletes must contact Sara Miraglia or Health Services if they show signs of any COVID-19 symptoms
- Student-athletes are encouraged to shower and wash their clothing immediately after workouts and competitions
- Coolers will be provided but each student athlete is responsible for providing their own water bottle